From the Principal’s desk

School Lunches
Recently, a number of children have been coming to the school office complaining of being hungry. Many of these children have eaten their lunch at recess. I would appreciate you checking with your child to make sure he/she has sufficient food each day to cover Crunch’n’Sip, recess and lunchtimes. I have asked the teachers to send any hungry children to the canteen where they will receive a basic sandwich and Dan and Nina will send the bill home to you. Thanks for your cooperation in this matter.

Canteen Survey
Now that Dan and Nina have been with us for almost a term, we would appreciate your feedback regarding our new canteen. I have heard lots of positive stories and would like to hear the thoughts of our school community. An online survey has been prepared which can be accessed via https://www.surveymonkey.com/r/LGYJGKB. Your input will help improve the canteen service being provided.

Flashing ‘School Zone’ Lights
We have two sets of flashing lights to indicate the beginning of our school zones on Manning Street and Bardoo Avenue. The signs improve driver awareness of the need to drive at 40km/h between the hours of 8 to 9:30am and 2:30 to 4pm to ensure the safety of our children. I have recently applied for additional flashing lights to be installed throughout the school zone on Manning Street. I will keep you up to date with any progress.

P&C Meeting
I hope to see many of you at our P&C Meeting next Wednesday evening 25th November from 7:30pm in our library. It is our AGM and our final meeting for 2015. All executive positions will be declared vacant and up for nomination. You must be a financial member of the P&C in order to vote.

School Leaders
Our school leaders will be the guests of Mike Baird at Parliament House next Monday. Mr Baird has invited our captains, along with the others from his electorate, for a private tour of Parliament House followed by a morning tea. I know the children will enjoy this experience and learn a lot from it.

Kinder Orientation
The final Kinder Orientation session took place last Friday and we welcome our new families into our school community. Thank you to Mrs Nieuwenhuis, Miss Hannan, the Kindergarten teachers and all the office staff for the outstanding preparation and organisation of the program. Thank you also to our current Kindy parents for providing a delicious morning tea last Friday.

Bushwahzee
Only two weeks until the fabulous Bushwahzee experience comes to Balgowlah North... Be sure to book 1st December into your calendars for a fun family evening with a Bush Christmas theme. The performance will go from 6 – 7:30pm and all children will be involved. Bring a picnic rug or comfy seat and join us on the multi-purpose court where you can grab a delicious sausage from the BBQ from 5:30pm.

Schools Spectacular
I must congratulate the 17 children involved in this year’s Schools Spectacular taking place next weekend. The boys and girls have had to learn 30 songs for the night and will be putting in some long days of rehearsals at the Enmore Theatre and Entertainment Centre next week. I’m looking forward to seeing it live but make sure you watch the delayed telecast on Channel 9. It is truly spectacular!

2016 Numbers
Our enrolment numbers remain delicately poised for next year; we may even drop down to 25 classes. We need the most up-to-date data to help with our planning process this year. If your child will not be returning to our school in 2016, please let the office know as soon as possible. Likewise, if you know of families moving into our catchment area please ask them to contact the school immediately.

Owen Taylor, Principal
**Important Dates**
25 & 26 November  School Spectacular Rehearsals  
27 & 28 November  School Spectacular Performances  
01 December  Bushwahzee K-6 Incursion  
03 December  Scripture Assembly  
Helpers Morning Tea  
04 December  Sports Assembly  

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**From the Deputy Principal's Desk**

**Kindergarten Orientation**
The 2016 Kindergarten Orientation was highly successful with over 80 new Kindergarten children and their parents visiting our school over the past three weeks.

The Kindergarten Orientation is an important process. Teachers ensure that the start of school is an exciting and happy experience so that the first day of Kindergarten is a smooth transition from pre-school to school. It is important for children to have a positive start to their school journey. We aspire to continue making the first day in the classroom a happy and successful experience for all students. Thank you to all our parents who assisted on Friday, especially to our wonderful 2015 Kindergarten mums who provided a delicious morning tea and to the mums who stayed to help on the morning.

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**Improving Dyslexic Children’s Reading Abilities**

**The Role of Video Games**
The University of Sydney is running a study looking at improving reading ability in children with dyslexia using video games. The activities will be carried out at the University of Sydney for 11 days (90 minute sessions) during the summer holidays. Participation in the study is free and parking is provided. To participate in the study or for any questions you may have, please feel free to contact Dr Piergiorgio Trevisan at piergiorgio.trevisan@sydney.edu.au or on 0421 948 022.

Marita Nieuwenhuis  
Deputy Principal  

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**P&C News**

Our next meeting is the AGM & will be held at 7.30pm in the library on Wednesday 25 November. All committee & sub-committee positions will be up for re-election & sub-committee reports will be presented.

In 2016 we will be looking to fill the role of Treasurer and Grounds/Environment Co-ordinator and would welcome any interested parents. Please contact Monique Tompson moniquetompson@bigpond.com or Sally Jacobs sallyjacobs@me.com

Current members, if you are unable to attend the AGM, please submit apologies to sallyjacobs@me.com. Previous P&C AGM minutes for 2014 can be found under the P&C section of the school website.

Monique Tompson  
P&C President  

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**PBL Focus**

**Be Safe – Line up sensibly**


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**Morning Tea**

It has been another busy year and we could not have offered so many opportunities for our students without our wonderful volunteers! If you have helped us along the way to success this year in any way, we would like to acknowledge the valuable contribution you have made to our school this year. You’re invited to an informal morning tea with our Principal and staff and on the 3rd December at 11.00am on the hall deck.

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**Assembly**

This week we will be holding a K-2 assembly in the hall commencing at 2.20. KG will be leading this assembly and performing an item for your enjoyment. Our string ensemble will also be performing. We look forward to parents and friends joining us this Thursday.
**Musical Notes**

**Salaka Drum Workshop**

All band students will be participating in a highly interactive drumming performance by one of West Africa’s top cultural troupes The Salaka Ensemble. "Salaka" means "Sharing" in the Ga language of Ghana. The performance by visiting artists from Ghana will immerse the students in the rich culture and rhythms of Africa, in an entertaining and educational way. The students will learn a traditional African song to accompany the drumming rhythm, and experience African dancing. The workshop will introduce the students to an array of traditional African instruments of all shapes and sounds, including the ‘talking drum’, djembe drum, kpanlogo drum, box drum, bells and shakers.

The children will be attending the workshop on Thursday 10th December at 10.00am in the school hall. Thank you to the band committee for providing this opportunity for our students.

**Important Dates:**

19th November – Senior Strings Assembly Performance
26th November – AGM Band Committee for 2015
3rd December – Last Band rehearsal for 2015
7th December - Junior Band performance at Stage 1 Presentation Assembly (11.30am)
8th December - Intermediate Band performance at Stage 2 Presentation Assembly (9.30am)
Concert Band performance at Stage 3 Presentation Assembly. (11.30am)
10th December – “Salaka” Drumming Workshop for all band members 10.00am Hall

**Movember**

We’d like to invite all the men out there to join the BNPS Movember team. Click on the following link: [http://moteam.co/bnps](http://moteam.co/bnps) and join the Balgowlah North Public School team. Let’s get into the spirit and support many good causes!

**Another great writer at Balgowlah North**

This year, we have witnessed some amazing success stories in student writing.

Our congratulations go to Year 6 student, Lara Frawley for her wonderful writing in this year’s ‘Australia My Country’ competition run by the Returned and Services League of Australia (NSW Branch)

Lara has been awarded 1st place in the Northern Beaches Region for the Years 5 & 6 category.

Lara will be presented with a certificate of achievement for outstanding writing by the Hon. Jonathon O’Dea, Member for Davidson, later this month.

**Tennis Court Hire 2016**

From January 2016, to hire the schools facilities including the tennis court either as a casual user or a permanent booking, the DET require a Community Use Agreement completed with a copy of a “certificate of currency” for public liability insurance policy.

If you are not able to provide the required insurance, individuals are able to hire a court at Wakehurst Tennis Centre, 300 metres from the school. To arrange a booking please call WTC on 9907-9180. We apologise for any inconvenience this may cause to our regular players.

**Colleen Tobler**

Mark Wallace
Team Captain
Sports Report

Senior Girls Volleyball PSSA Finals
Last week the senior girls A volleyball team competed in the PSSA finals again Cromer. The girls played their best had some amazing digs and serves, but were unfortunately defeated. The girls should be congratulated for a great season and being runners up overall. A huge congratulations to: Paige Etherington, Lara Frawley, Isabella Rigatos, Mia Schwartz, Phoebe O’Brien, Holly Atkinson.

Mallory Parsons

Manly Eagle Tag Gala Day
On Thursday the senior A boys and girls eagle tag teams competed in the Manly Eagle Tag Carnival at Rat Park Warriewood. They were competing against 10 other Northern Beaches schools in a gala day run by the NRL. The girls played all their games gallantly, but were beaten in the final preliminary round by North Narrabeen to miss the fourth position for the semi-final by a margin 0.1 of a point. The boys played four preliminary games winning all of them convincingly. After easily accounting for Elanora Heights 1 in the semi-final, we were facing Narrabeen North 1 in the final. The first half of the game was hard fought with a great defensive effort from Dylan Kagho, Max Gibson, Will Klem, Jake Osmond and Toby West to have the two team’s level on one try each. As the game was drawing to a close the combinations of Hamish McLellan, Riley Coates, and Cam Mace combined well to get the ball to Josh Read for Balgowlah North to score a try to lead the game by 1. The sealer was a magnificent defensive steal by TJ Herring who put the game out of North Narrabeen’s reach. The boys played with great heart and determination to finish the day as winners 3-1. Brilliant effort boys! We are all very proud of you. A big thank you must go to all the parents for supporting the teams on the sidelines throughout the day and helping me transport the team to and from the venue.

Susie Stock

Congratulations
Congratulations to Emily Devine (3J) for making the U/11 Manly Warringah Representative tee-ball team. Awesome job Emily!

Susie Stock
Term 4 Week 7

Wednesday, 18 November 2015

If u like ART

Mon 7 to Fri 18 December
Thu to Fri 22 January

FUN CREATIVE WORKSHOPS TO SELECT FROM:
- Xmas Ornaments
- Street Art
- Mosaic Mirror
- Fashion Illustration
- Superhero Painting
- Drawing Animals
- Sewing, Clay Sculpture
- Cartooning
- Mixed Media Painting or Paint What u Like on a canvas & much more!

Full day workshops
10am to 3pm
$70 to $98 incl. all materials

Half day workshops
9.30am - 12.30pm
(Ages 5-9)
$50 incl. all materials

BOOK EARLY, WISHES FILL QUICK Daphne 0409 564843
E: daphne.katos@bigpond.com
www.4fullheart.com.au for wishes program

Homemade Strawberry Jam & Chutney $5 from the school office
All proceeds to BNPS

Cool Kids

Developed by Macquarie University and presented by experienced facilitator Godelieve Hoffman, Cool Kids helps children and parents better understand and manage childhood anxiety.

Cool Kids is based on cognitive behavioral therapy (CBT) and helps children to identify and challenge their negative thoughts through role plays and activities.

Children report feeling happier and more confident as they acquire tools to manage their anxiety. Parents report feeling more confident as they gain a better understanding of their child’s anxiety and the skills to support their children in a positive way.

Cool Kids is a 10-week small group course for children aged 7-12 years and their parents and carers.

Cool Kids Date
Days: Fri, Thurs Building: 1 Wemyss Street, Maryville
$140 for new kids, $90 for kids with their parent or carer
Enquiries: can be made to the therapist’s email address.

FOR SALE
Homemade Strawberry Jam & Chutney $5 from the school office

All proceeds to BNPS

Proudly supporting Balgowlah North Public School

estate agents

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