From the Principal’s desk

Welcome back everyone!
I trust you all had an enjoyable holiday and were able to relax and recharge in preparation for a busy term of learning ahead. This term is a short term – only nine weeks in duration - finishing on Friday 27th June. It was great to see the boys and girls return with smiling faces and looking very smart in their uniforms.

School development days
In addition to weekly professional learning sessions, five school development days are held throughout the year where our teachers engage in professional learning. Last Monday, the teachers were fortunate enough to spend the day with renowned psychologist, Dr Michael Carr-Gregg. Michael spoke at length about Dr Martin Seligman’s work in positive psychology and the importance of positive relationships, which are at the core of wellbeing. He also discussed the need to develop resilience in our young people who need to experience adversity and not be constantly shielded. We are already working to improve our outcomes in social and emotional learning for our children. As discussed at our last P&C meeting, our PBL (positive behaviour for learning) team is working with the teachers to implement the ‘You Can Do It!’ program which focuses on confidence, persistence, organisation, getting along and resilience.

The teachers are also meeting this Saturday for an additional day of professional learning with our colleagues from Seaforth and Manly Village Public Schools. We will be working with Ian Luscombe and Dr Alison Knight looking at behaviour management and the importance of nutrition for learning.

Mothers Day Breakfast
Our Mothers Day Breakfast is always a highlight on our school calendar. This year’s breakfast will be held on Friday 9th May from 8am. Short cut bacon and free range egg rolls will be available but must be pre-ordered at: www.flexischools.com.au. We hope to see many of our Mums here at the breakfast.

2015 Opportunity Class Placement
Applications opened on Monday for parents of Year 4 children who would like to apply for opportunity class (OC) placement for Year 5 in 2015. OC classes are academically selective and the entry process is quite rigorous. Our local OC schools are Balgowlah Heights, Mona Vale and Neutral Bay. For those children who apply, the OC placement test will be held on 23rd July. Parents can access the online application form at: http://www.schools.nsw.edu.au/ocplacement. There is also a short video guide for parents on this page which explains OC classes in detail. Applications close on Friday 16th May 2013.

NAPLAN Testing
The children in Years 3 and 5 will be sitting the NAPLAN tests on the 13th, 14th and 15th of May. Friday 16th May has been set aside as a ‘catch up’ day if children miss any of the tests through illness.

Canteen volunteers
We always need volunteers in our canteen. If you can spare some time, please sign up here: http://www.signupgenius.com/go/10C0E44ADAE28A2F2-bnps1

Owen Taylor
Principal

Important Dates
Tuesday 6th May Year 5 Project Penguin @ Zoo
Wednesday 7th May School photos
Thursday 8th May Cross Country Carnival
Friday 9th May Mothers Day Breakfast
13th-15th May Years 3 & 5 NAPLAN testing
Wednesday 14th May P&C meeting

https://www.facebook.com/balgowlahnorthps
https://twitter.com/BalgowlahNthPS
From the Deputy Principal's Desk

Welcome back to another exciting term. I hope you had the opportunity to spend some quality time together as a family over the autumn break. It was wonderful to see so many happy faces and excited children arrive at school ready for another great term of learning.

School Photos
School photos will be held on Wednesday 7th May. Order envelopes have been sent home on Tuesday and will need to be returned on or before Wednesday 7th May. The photographers instructions also indicate that an envelope needs to be returned separately for each child.

Family photos for siblings at school will also be taken and order forms are available from the school office on request. Group photos will include the Student leaders, Sport captains and also a complimentary Year 6 photo. Please ensure your child is wearing their full winter school uniform on Wednesday 7th May even if they have a scheduled sport lesson. Please tie long hair back with school coloured ribbons and black school shoes are polished.

Uniform Changeover
Given that the weather can be so changeable at the commencement of Term 2, we will be allowing students a one week transition period where either full summer or winter uniform (not a combination of both) can be worn in the first week. All students should be in winter uniform from Week 2 (5th May) onwards.

School Assemblies
We enjoy being able to share and celebrate the efforts and achievements of our students. This week we commence with a 3 – 6 assembly in the school hall at 2.20pm. Parents and friends are most welcome to join us. Throughout the year we have K – 2, 3 – 6 and whole school assemblies, information about this term’s assemblies is below

<table>
<thead>
<tr>
<th>Week</th>
<th>Class</th>
<th>Week</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 8th May</td>
<td>2R</td>
<td>6 5th June</td>
<td>1L &amp; String Ensemble</td>
</tr>
<tr>
<td>3 15th May</td>
<td>Year 6</td>
<td>7 12th June</td>
<td>Year 6</td>
</tr>
<tr>
<td>4 22nd May</td>
<td>2Y</td>
<td>8 19th June</td>
<td>15 &amp; Junior Band</td>
</tr>
<tr>
<td>5 29th May</td>
<td>K – 6 Assembly Concert Band</td>
<td>9 26th June</td>
<td>K – 6 Assembly Senior Choir</td>
</tr>
</tbody>
</table>

It isn’t what you have in your pocket that makes you thankful,
But what you have in your heart.
Unknown

Marita Nieuwenhuis
Deputy Principal

Book Club

Please return any book club orders, to Mrs Hunt in the school office, by Friday 9th May. Cheques are made payable to Balgowlah North Public School.

## Cross-Country
All children from Years 3 to 6, plus any students from Year 2 that are 8 or turn 8 in this calendar year, will be participating in the school Cross-Country next week. It will take place from **12.30pm on Thursday 8th May**. Children will have their lunch in their faction bay on the oval. Children will be running with their age group and will run either 2 or 3 laps depending on their age. Please ensure that all children come dressed in their sports uniform and wear their running shoes. Make sure if your child requires asthma medication that they have it with them. Please also pack an extra bottle of water in their bag for the day. We need some additional course supervisors so if any parents are available to help in any way, please see me before the day of the Cross-Country. **Year Two will compete in their events and then go to K-2 assembly.**

## Eagle Tag
All children that played Eagle Tag during Term 1 please make sure you have returned your **PSSA shirts** to your Eagle Tag coach no later than **Friday 2nd May 2014**.

**Susie Stock**

## Tennis term 2
Tennis will commence next Friday, week 2. If anyone has not yet got a note for tennis who wishes to take part they may get one from me. All students doing tennis must remember to bring their tennis racquets. If you are able to walk to or from the courts with us please let me know ASAP. We leave the school grounds at 1.35pm and return at 2.50pm from the tennis courts. Thank you.

**Katherine Turner**

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### PSSA Sport - Round 4

**Girls Eagle Tag**

<table>
<thead>
<tr>
<th>Opponents</th>
<th>Senior A</th>
<th>Senior B</th>
<th>Junior A</th>
<th>Junior B</th>
</tr>
</thead>
<tbody>
<tr>
<td>Manly West</td>
<td>Manly</td>
<td>Manly</td>
<td>Manly</td>
<td>Manly</td>
</tr>
</tbody>
</table>

| Score       | 2-3 (loss) | 4-2 (win) | 0-3 (loss) | 4-6 (loss) |

**Best & Fairest**

| Georgia Singleton Harvey | Matilda Daniels | Elyse Weston | Olivia Smith Lola Nicou |

**Boys Eagle Tag**

<table>
<thead>
<tr>
<th>Opponents</th>
<th>Senior A</th>
<th>Senior B</th>
<th>Junior A</th>
<th>Junior B</th>
</tr>
</thead>
<tbody>
<tr>
<td>Manly West</td>
<td>Manly</td>
<td>Manly</td>
<td>Manly</td>
<td>Bye</td>
</tr>
</tbody>
</table>

| Score       | Loss 9-1 | Win 4-3  | Loss 5-2 | Loss 5-2 |

**Best & Fairest**

| Jonas Marsters | Cameron Mace | TBA    |

**T-ball & Softball**

<table>
<thead>
<tr>
<th>Opponents</th>
<th>T-Ball A</th>
<th>T-ball B</th>
<th>Softball A</th>
<th>Softball B</th>
</tr>
</thead>
<tbody>
<tr>
<td>Harbord</td>
<td>Cromer</td>
<td>Cromer</td>
<td>Harbord</td>
<td></td>
</tr>
</tbody>
</table>

| Score      | Loss 15-18 | Loss 12-17 | Forfeit    | Loss 1-14 |

**Best & Fairest**

| Natasha Woodward | Indiana Mace | Lara Frawley |

**Volleyball**

<table>
<thead>
<tr>
<th>Opponents</th>
<th>Senior A</th>
<th>Senior B</th>
<th>Junior A</th>
<th>Junior B</th>
</tr>
</thead>
<tbody>
<tr>
<td>Harbord</td>
<td>Manly</td>
<td>Manly</td>
<td>Manly</td>
<td>Cromer</td>
</tr>
</tbody>
</table>

| Score      | 11-9 loss | 11-3 loss | 11-7 Win  | 12-loss   |

**Best & Fairest**

| Xanthe Seipelt-Walker | Abbie Clarkin | Noah Klugsburger | Alyssa Medved |

**Cricket**

<table>
<thead>
<tr>
<th>Opponents</th>
<th>Senior</th>
<th>Junior</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cromer</td>
<td>Cromer</td>
<td></td>
</tr>
</tbody>
</table>

| Score      | Lost by 5 runs (43 – 38) | Lost 4/33 to 5/28 (average 8.25 to 5.6) |

**Best & Fairest**

| Jack Mason | Max Pike |

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**Guess What Is Happening at Balgowlah North Public School**

Save the Date: Saturday 15th November 2014

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https://twitter.com/BalgowlahNthPS
Dear Mum,
You are invited to

Balgowlah North Public School's Mothers Day Breakfast

on
Friday 9th May 2014
From 8.00 to 9.00am

Bacon and Egg Roll with Tea or Coffee $5
Kids' ½ Bacon and Egg Roll $2.50

This year all Mothers Day orders will be done through Flexischools. Please go to www.flexischools.com.au, to place your Mothers Day order.

All breakfasts must be pre ordered and prepaid by Wednesday 7th May. Students will receive their food tickets from their classroom teacher before Mothers Day Breakfast.

Thank you.

CANTENEER ROSTER

<table>
<thead>
<tr>
<th>DAY</th>
<th>MAY 1</th>
<th>MAY 2</th>
<th>MAY 5</th>
<th>MAY 6</th>
<th>MAY 7</th>
<th>MAY 8</th>
<th>MAY 9</th>
</tr>
</thead>
</table>

Volunteer Needed

CANTENEER VOLUNTEERS NEEDED

Join our Easy Online Rostering System to Browse the Available Shifts

www.signupgenius.com/go/10c0e44daee28a2ff2-bnps/14122370

Or scan the QR code above

Rostering Enquiries Email: petracanteen@optusnet.com.au

Please do the responsible thing, if you can't make it phone or swap, please bring an apron


Enquiries: Mylene 9949 4499

Order Online www.flexischools.com.au

https://www.facebook.com/balgowlahnorthps / Twitter: @BalgowlahNthPS
Year 5 students learning about the plight of the Little Penguins in Manly through Project Penguin.
Citizenship Award K-2
Harry Mozes-Brown

Harry is a delightful student who greets his peers and teachers with a big smile every day. He is an outstanding member of the school community who approaches all aspects of school life with energy and a positive attitude. Harry is a kind and caring student who puts the needs of others before his own. He is thoughtful in the way he interacts respectfully with his peers and teachers. Harry displays an interest in his peers’ welfare, going out of his way to ensure those around him are happy and secure in the playground and the classroom. Harry is an exemplary role model in the playground, particularly to the younger members of the school. He encourages and supports his peers in the playground, showing them how to play safely and respectfully. Harry’s genuine kindness towards others makes him a very worthy recipient of this Citizenship Award.

Citizenship Award 3-6
Isabella Rigatos

Isabella is a consistently delightful class member who always displays a positive attitude in every situation. She shows the highest level of respect to her peers and teachers, is always polite and willing to wait her turn. She is supportive of others in the school community and displays a selfless attitude when helping others. Isabella can be trusted to complete any given task in an efficient and responsible way to the best of her ability. She is highly committed to the school community, especially in her valued contribution to performing arts. She shows great pride in Balgowlah North Public School and always wears her uniform to the highest standard. Isabella meets our school’s high expectations with ease every day. Isabella is a deserving recipient of this award.