From the Principal’s desk

Parent interviews
As part of the reporting to parents process, we offer parent interviews during the last week of Term One. A note will come home next week with your teacher’s availability which you complete and return to school for confirmation. Each interview is scheduled for 10 minutes. We recognise that education is a process best done in partnership, so we have an open door policy here at BNPS. If you have any concerns about your child throughout the year, you are encouraged to make an appointment at any time with your child’s classroom teacher.

Crazy Hair Day
Congratulations to Jayden and the boys from Year 6 who are participating in the World’s Greatest Shave this year – they have raised $4045 to date. The SRC and student leaders have organised a ‘crazy hair day’ for this Monday 17th March. On Monday, the children may style their hair in a crazy way and bring along a gold coin donation which will go to the Leukaemia Foundation. The Year 6 girls will be on hand to help with any last minute styling issues before school. Look out for the line-up of heads being shaved at morning lines on Monday.

New entryway
Thanks to some great weekend weather, the concreters were able to pour the concrete for our new path at our Mons Road entrance on Saturday. The works have improved the run ups at our cricket nets and also addressed drainage issues near Mr Tempest’s room and the sports shed. The workers still have to replace the top soil around the path but it should be open in the next day or two.

P&C Meeting
It would be great to see many parents at our P&C meeting next Wednesday 19th March. Mrs Nieuwenhuis and Mrs Mason will be outlining our Positive Behaviour for Learning (PBL) program. Our PBL rules: be safe, be respectful and be responsible; underpin all of our behavioural expectations and interactions with the children. The common language used by teachers ensures all children are aware of what is expected in all aspects of school life. It is a highly successful program firmly based on research. The meeting begins in the library at 7pm.

Grandfriends Day
Grandfriends Day will be held on Wednesday 2nd April here at school. It’s an opportunity for grandparents and grandfriends to come to our school and visit the classrooms, see some our children perform and enjoy a morning tea out on the deck.

World Sleep Day
This Friday is World Sleep Day. According to a recent British study, regularity of sleeping habits and routine are essential for kids’ wellbeing and better cognitive functioning. All of us parents would certainly vouch for this. Our sleep clocks love routine and regularity and so do our kids. The parenting educator, Michael Grose, has these three tips for a better night’s sleep for kids:

- **Stick to the one hour variation rule:** alter bedtimes by no more than one hour on weekends
- **Make time before bed CEFB-free:** no caffeine, no vigorous exercise, no heavy food and no hot baths before bedtime.
- **Establish sleep-trigger rituals to trick the brain into sleeping:** reading or toilet, teeth and story.

Owen Taylor,
Principal

<table>
<thead>
<tr>
<th>Important Dates</th>
<th>Crazy Hair Day</th>
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<tbody>
<tr>
<td>Monday 17th March</td>
<td>Yr 6 Q-Station Visit</td>
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<tr>
<td>Tuesday 18th March</td>
<td>Swimming Scheme begins</td>
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<tr>
<td>Wednesday 19th March</td>
<td>P&amp;C Meeting</td>
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<tr>
<td>Thursday 20th April</td>
<td>Kindy Parent</td>
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<tr>
<td>Wednesday 2nd April</td>
<td>Information Night</td>
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<tr>
<td>Friday 4th April</td>
<td>Trivia Night</td>
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</table>
**Stars of the Week**

Our Year 5 Peer Mediators who are doing such a great job in our Fort playground. They are resourceful problem solvers and a great help to the teachers. Thank you boys and girls!

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**From the Deputy Principal’s desk**

**Helping your child write**

Writing is a complex and demanding activity (even for adults!) One strategy teachers work on is to encourage students to expand their range of vocabulary to create sentences of greater complexity and depth. It is the difference between a sentence such as, “I saw a bird.” and, “I watched a charcoal-black crow hovering near my lunchbox, looking very mischievous.” Of course, some of this is a reflection of a child’s age, but at any age parents can help with their child’s vocabulary extension by verballing modelling better sentences and by encouraging children to speak using a wider range of words and a variety of sentence constructions. Similarly, to get your child in the habit of developing reasons or arguments (for a persuasive text) you could pick a topic and ask your child to persuade you with reasons and back-up evidence. Good talking is the direct precursor to good writing, and your verbal input with your child will contribute to his or her development as a writer.

**Stewart House Thank You**

Thank you to all the families who took the opportunity to clean out their wardrobes and support Stewart House. Your contributions were greatly appreciated. We will have another Stewart House bag collection in October.

**Extracurricular Activities**

Thank you to all the teachers who offer so many extracurricular activities at our school. The PSSA has started very smoothly. Choirs, dance groups, drama, recorder, string group, band and other events are all wonderful opportunities for our students. Thank you to the band committee who are working tirelessly to give our students a vast array of instrument choice. It is exciting to hear, in just a few short weeks how fabulous they sound! Congratulations to all the parents and teachers supporting these activities.

**Lost Property**

The amount of clothing in lost property at the moment is overwhelming. At Balgowlah North PS we have 3 behaviours we ask all our students to strive for excellence in - Respect, Responsibility and Safety. Please talk to your children about being **responsible** for their belongings and encourage them to come and look for lost items before you replace them. Lost Property is located in 4W and KT classroom, these can be accessed before and after school. Items not claimed by Week 10 this term will be donated to the clothing pool and Stewart House.

**Grandfriends Day**

A special invitation is extended to all Grandfriends (including grandparents, older friends and neighbours) to visit our school on Wednesday 2nd April between 9:30am and 11:30am. Visitors will be entertained by the Senior band, Senior and Junior Choir groups, Kindergarten, followed by a delicious morning tea served on our deck. Grandfriends are able see the children’s work in their classrooms and may also wish to donate a book to our Library. The Library will be open from 8.30am

**Grandfriends Day Program**

8.30 – Library open if you wish to donate a book
9.30 - Concert - there will be items performed by students across the school in our hall
10.00 – Morning Tea on the deck
10.15 – 11.00 – Visit classrooms
11.00 – 11.30 - Grandfriends are able to visit the Library with their grandchildren or friends to donate a book if you wish or spend some time with our students in the playground.
11:30am Visitors leave.

_Nurture your mind with great thoughts._

Benjamin Disraeli

Marita Nieuwenhuis
Deputy Principal

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_Yr 4 Students are excited to get their hands on some new technology._
Library News
This week has been a great week in the library. The children have been very excited to see some new games to play with if they choose to come to the library at lunchtime. It’s been lovely to see the older children helping the younger ones with these games. Year 3 and 4 have been busy using the laptops in the library to research the country of China. This research is linked to their classroom literacy study on *The Peasant Prince* by Li Cunzin. The children will spend the next few weeks gathering information to put into a presentation. We look forward to seeing what they create!
Premier’s Reading Challenge Registration is now open! We will be reading PRC books in library lessons and in classrooms and encourage everyone to participate. The PRC books we read in the library will be put on our school website so you can easily add these to your lists at home. Registration for the challenge can be done at: https://products.schools.nsw.edu.au/prc/home.html
The children will need to use their school user name and password to register.

It’s been wonderful to see how enthusiastic the children are with borrowing books and remembering to return their books on their library days. 1S were the Library Stars of the Week last week with everybody remembering to return their books. Well done 1S!
If you would like to volunteer to help with covering new books with contact please come and see us. You would be welcome to use the library to cover the books at school or you could take them home to cover.

Debbie Horsley & Nicole Grover

National Ride2School Day
On Wednesday the 19th of May it is National Ride2School Day. Join over 250,000 students around Australia in riding to school on this day. If you are going to ride to school please make sure you have a bike license from Mr McCall. SRC members from each class will record how many children rode to school.

2014 Northern Beaches Eisteddfod
Mrs Jenny O’Neill will be available in the library on Mondays after school and at recess on Thursdays to support students who are participating in this year’s competition. It is important that all students go to the library for any assistance they may require. Good luck to all our competitors.

Bev Wetzler

Student Leaders Report
Don’t forget Crazy Hair Day is next Monday, 17th March at morning lines. Be there with your own crazy hair style and support the boys and Mr Taylor as they raise money for the Leukaemia Foundation.
There are lots of ways in which you can participate in this fun day:

- Colour your hair with hairspray that washes out!
- Add some colourful extensions to your hair.
- Create a fabulous new hair style with some creative additions.
- Have your hair coloured by Year 6 students on the day but make sure you have permission from home! (Go to the front playground before 9am and the Year 6 girls will be ready to lend a hand)

Remember to bring a gold coin and most of all, have fun!!!
Student Leaders
Miss Symons interviewed by Eliza

I come from Cornwall which has beautiful countryside in the UK. Before I came to Australia, I taught at a very small school with only 110 students. Mr Wallace is now teaching in my school in England and the school is called Shortlanesend Community Primary School which is in Truro.
My favourite part about teaching is working with children.
As well as teaching, I love being outside. I love swimming, running, exploring and singing.

Miss Wells interviewed by Poppy

I love dancing drama and singing.
My favourite part of teaching is that I love being part of the ‘moment of understanding’. It is such a wonderful feeling.
Before coming to Balgowlah North Public School, I taught at several different Northern Beaches schools. I also taught at the Integrated International School in Singapore.
Out of school, I like going to the beach, watching movies and playing in the park with my family.

The World’s Greatest Shave

The final countdown has begun. Only 5 days to go until the Year 6 boys and Mr Taylor have their heads (and beard) shaved in support of the Leukaemia Foundation.
The team has raised more than $4,000 so far. Please continue to show your support for the boys as they raise funds for such a wonderful cause. Follow the link to donate.
https://my.leukaemiafoundation.org.au/BNPSboys

We would like to thank our parents, friends and the school community for their generous donations.
Remember to bring a gold coin to school on Monday 17th March and make sure you have a very creative and colourful hairstyle. We look forward to seeing you all at morning lines next week.
Thank you

Jayden Agapiou and the Year 6 boys’ team
Sports Report

**Date:** 7th March 2014  **Round:** 2

<table>
<thead>
<tr>
<th>Girls Eagle Tag</th>
<th>Senior A</th>
<th>Senior B</th>
<th>Junior A</th>
<th>Junior B</th>
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<tbody>
<tr>
<td>Opponents</td>
<td>Cromer</td>
<td>Seaforth</td>
<td>Cromer</td>
<td>Cromer</td>
</tr>
<tr>
<td>Score</td>
<td>1-4 (loss)</td>
<td>1-5 (loss)</td>
<td>3-4 (loss)</td>
<td>6-3 (win)</td>
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<tr>
<td>Best &amp; Fairest</td>
<td>Evie Coulter</td>
<td>Sophie Walters</td>
<td>Sarah Mazaraki</td>
<td>Lola Nicou</td>
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<thead>
<tr>
<th>Boys Eagle Tag</th>
<th>Senior A</th>
<th>Senior B</th>
<th>Junior A</th>
<th>Junior B</th>
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<tbody>
<tr>
<td>Opponents</td>
<td>Balgowlah Heights</td>
<td>Balgowlah Heights</td>
<td>Balgowlah Heights</td>
<td>Harbord</td>
</tr>
<tr>
<td>Score</td>
<td>2-4 (loss)</td>
<td>6-3 (win)</td>
<td>2-2 (draw)</td>
<td>0-4 (loss)</td>
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<tr>
<td>Best &amp; Fairest</td>
<td>Ben Newson</td>
<td>Riley Coates</td>
<td>William Clarkin</td>
<td>Aaron Polkinghorne</td>
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<tr>
<th>T-ball &amp; Softball</th>
<th>T-Ball A</th>
<th>T-ball B</th>
<th>Softball A</th>
<th>Softball B</th>
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</thead>
<tbody>
<tr>
<td>Opponents</td>
<td>Bye</td>
<td>Beacon Hill</td>
<td>Bye</td>
<td>Beacon Hill</td>
</tr>
<tr>
<td>Score</td>
<td>14-23 (loss)</td>
<td>8-21 (loss)</td>
<td>8-21 (loss)</td>
<td>Emma Foster</td>
</tr>
<tr>
<td>Best &amp; Fairest</td>
<td>Ally Etherington</td>
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<tr>
<th></th>
<th>Senior A</th>
<th>Senior B</th>
<th>Junior A</th>
<th>Junior B</th>
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<tbody>
<tr>
<td>Volleyball</td>
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<tr>
<td>Opponents</td>
<td>Balgowlah Heights</td>
<td>Balgowlah Heights</td>
<td>Narraweena</td>
<td>Beacon Hill</td>
</tr>
<tr>
<td>Score</td>
<td>11-7 (win)</td>
<td>9-11 (loss)</td>
<td>5-11 (loss)</td>
<td>2-11 (loss)</td>
</tr>
<tr>
<td>Best &amp; Fairest</td>
<td>Mary Argyropoulos</td>
<td>Mirabelle Giandiri</td>
<td>Louis Thresher</td>
<td>Holly Baynham</td>
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<tr>
<th>Cricket</th>
<th>Senior</th>
<th>Junior</th>
</tr>
</thead>
<tbody>
<tr>
<td>Opponents</td>
<td>Manly Vale</td>
<td>Manly Vale</td>
</tr>
<tr>
<td>Score</td>
<td>Lost by 7 runs 29 – 22</td>
<td>Won on average: 47/2 (23.5) vs. 44/8 (5.5)</td>
</tr>
<tr>
<td>Best &amp; Fairest</td>
<td>Angus van Hamburg</td>
<td>Stanley Martin</td>
</tr>
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</table>

**PSSA SPORT – Week 7**

Please note that there will be no PSSA sport this week as the Zone Swimming Carnival is being held this Friday.

PSSA training has been cancelled for this week.

Sports uniform is still to be worn, even if you are not going to PSSA.
School Banking Day Reminder.
Don’t forget that Thursday is School Banking day and students should bring in their weekly deposit.
For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for an exclusive School Banking reward item in recognition of their continued savings behaviour.
Remember our school earns 5% commission on every deposit made (to a maximum of $10 per individual deposit). Thank you for supporting the School Banking program at BNPS.

IMPORTANT MESSAGE ABOUT TOKENS & REWARDS
The school banking computer system will now be keeping track of tokens earned. Over the coming weeks we will be cross-matching the number of tokens the students have with the computer system. Please remember no pooling of tokens between students. The computer will not allow us to order the reward if the student has not earned 10 tokens.

ORDERING REWARDS
In a change from previous years, we will not be holding reward redemption days. Instead, as the child earns 10 tokens they will be asked to complete a reward redemption card selecting their reward item. This will then be ordered and the reward will be available at the school banking desk within the following fortnight. The student must return to the school banking desk to collect their reward.

Any questions or queries regarding this please contact Yogi Johnstone 0402780167 or yolandajohnstone@gmail.com

FUNDRAISING TRIVIA NIGHT - SOLD OUT
The tickets for Trivia night 4th April were very popular selling out in 4 days. There are only a few outstanding payments to be made for allocated tickets. You can make payment on Flexi schools for your allocated ticket. Please only make a payment on Flexi schools if you already have a table booking. You can also make payment with card or cash after assembly Thursday on the deck. Any questions please email bnps2014fundraising@gmail.com .

Book Club
Please return any book club orders, to Mrs Hunt in the school office, by Friday 14th March.
Cheques are made payable to Balgowlah North Public School.
**Brush Art 4 Kids**
We believe all kids can be creative!

**Fun Creative Art Workshops**
@ If u like ART studio  
1a Powells Road, BROOKVALE (cnr Mitchell Rd)

Many AUTUMN school holiday workshops to select from in our spacious studio in Brookvale

**Daily Workshop Schedule & Costs**
Monday 14th to Thursday 24th APRIL
9.30am to 12.30pm (Ages 5 to 9) $45
10am to 3pm (Ages 5 to 12) $65 to $85

Cost incl. materials, BYO drink, snack &/or lunch

SELECT FROM: **Canvas Art, Caricature, Cartooning, Clay, Mosaic Mirror, 3D Animal Sculptures, Funky Craft, Jewellery / Treasure Box, Sewing Groovy Bag, Scrapbook Album Creation & more**

Download School Holiday Enrolment Form

DON’T MISS OUT, BOOK EARLY!
Call Daphne 0409 569483
e: daphne.katos@bigpond.com

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**MHYC JUNIOR SAILING**

**SCHOOL HOLIDAY CAMPS**

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**Easter Holiday Program 2014**

<table>
<thead>
<tr>
<th>Tackers 1, 2 &amp; 3 Ages 7-13</th>
<th>Tackers Introduction 9:30am – 12:30pm Cost: $40</th>
</tr>
</thead>
<tbody>
<tr>
<td>Learn to Sail Cadet Ages 11-14</td>
<td>Sail to Balmoral on the last day for Fish &amp; Chips Lunches and Extended Care available.</td>
</tr>
<tr>
<td>Week 1: 14th April – 17th April</td>
<td>Safe, Supervised Fun on Stunning Middle Harbour!</td>
</tr>
<tr>
<td>Adventurer Squad Learn to Sail 420 Ages 15-18</td>
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<tr>
<td>9:30am – 3:30pm</td>
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<tr>
<td>9:30am – 3:30pm</td>
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**Exclusive Premiere SEE IT BEFORE THE RELEASE DATE**

To benefit Northern Beaches 1.5 year old Ruby O’Brien and her family with their ongoing battle with brain cancer

Wednesday 9th of April
Showtime: 6:00pm
United cinemas Warringah
$30 Reserved seating
$10 general admission

To buy tickets contact: Ruby4Ruby@gmail.com
To Donate: [http://www.gofundme.com/Ruby4Ruby](http://www.gofundme.com/Ruby4Ruby)

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**NEW BOYS HIP HOP CLASS**

**THURSDAY 7:45PM – 8:45PM | CLICK BELOW TO BOOK NOW!**

**RUBEN HOPPERS**

**CONTACT RUBEN ON 0431600811 OR EMAIL: RUBEN@RUBENHOPPERS.COM.AU**

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**Extreme Football Tournament - Daily**

*Play Bubble football, Laser Football and Saside!!! from 3pm daily.*

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**April Holiday Camps** 14 – 24 April

Join our Holiday Clinics and play soccer indoors on grass.

**CLINICS FILL FAST, SO BOOK NOW!**

- Professionally qualified & engaging FFA & AFE Coaches
- Learn new tricks, skills & techniques to improve your overall ball mastery and game play.
- We teach you how to execute a "Maradona Spin," Cruff Cut, "Ronaldo Stepover," or learn how to do an "Oxford!"
- Play football indoors in your boots!
- Small-sided games.
- Heaps of fun. Finish the day with laser football.

For 5 – 13 year olds  
9am – 3pm

Cost incl. materials, BYO drink, snack &/or lunch


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**MHYC 02 9969 1244**

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**NSW Government Education & Communities**

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**https://www.facebook.com/balgowlahnorthps | https://twitter.com/BalgowlahNthPS**
WANT TO BE A SEA EAGLE?
ALL NEW PLAYERS WELCOME - FROM UNDER 6's
Hey Mum - The rules for mini and mod league are modified to emphasise safety and fun. Let your son expend some energy playing rugby league!
More information is on our website: www.manlybrothers.com.au or call Jacky 0413 514 809

DOES YOUR CHILD LOVE TO SING UP A STORM? JOIN IN AT SYDNEY VOCAL ARTS CENTRE, MANLY!
THE MANLY CHILDREN’S CHOIR ARE NOW TAKING ENROLMENTS FOR THEIR WED. AFTERNOON GROUP WITH DIRECTOR MARGI COEN!
Give your child the chance to be part of a performance group where they will have a great opportunity to build skills in communication and confidence whilst they gain musical knowledge in a fun & relaxed atmosphere!
CALL MARGI NOW ON 0417 026 550 or 0401 902 810 to arrange an appointment or have a chat!
THIS GROUP IS FOR 8-12 YR OLDS AND HAS A NUMBER OF PERFORMANCES THROUGHOUT THE YEAR

PROUDLY SUPPORTING BALGOWLAH NORTH PUBLIC SCHOOL

Proudly supporting Balgowlah North Public School